# At Institute Const Michael George, Principal • Kelly Blount, Athletic Director Natalie Lee, Assistant Athletic Director • Rebecca Solomon, Activity

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We invite every Stingray to get involved and find your smaller community within the larger community of our school. Clubs are a great way to connect with students who share similar interests!

#### ACADEMIC/COMPETITION TEAMS

Brain Brawl Dance (Competitive Team) Gamma Rays Robotics Team Special Olympics\*

#### **HONOR SOCIETIES**

National Art Honor Society\* National English Honor Society\* National Honor Society\* Science National Honor Society\* Sociedad Honoraria Hispanica\*

#### PERFORMING ARTS

Band Chorus **Dance Repertory Company Theater** 

#### LEADERSHIP TRAINING

Atlantic Coast PTSA Freshman Class Officers Junior Class Officers Senior Class Officers\* Sophomore Class Officers Student Government Association\*

#### **PUBLICATIONS**

The Coastal Tides (Newspaper) Yearbook

#### SERVICE/SPECIAL INTEREST GROUPS

5000 Role Models of Excellence Project **ACHS Book Club ACHS Community Service Crew** 

**ACHS Drama Club** 

**Best Buddies** 

Black Student Union (BSU)

E-Sports Gaming Club

FCA (Fellowship of Christian Athletes) GSA (Gender & Sexuality Alliance)

International Student Association

Key Club

K-Pop Club

Marathon High

MindWell Club

Multi-Cultural Club

Nerd Club

Ping Pong Club

The Society

Stingray Strong

Upperclassmen Society

- Junior Gentlemen & Junior Ladies
- Senior Men & Senior Women

#### CAREER/TECHNICAL ORGANIZATIONS

Atlantic Coast Women in STEM Distributed Education Clubs of America (DECA) Future Business Leaders of America (FBLA) Health Occupation Students of America (HOSA)\* SkillsUSA CTSO

#### COMMUNITY EDUCATION

**Drivers' Education** 

#### SPECIAL EVENTS

Miss Atlantic Coast Mr. Atlantic Coast

#### FHSAA SANCTIONED ATHLETICS

Baseball

Basketball, Boys & Girls

Beach Volleyball

Bowling, Girls

Cheerleading

**Cross Country** 

Fast Pitch Softball

Flag Football, Girls

Football

Golf, Boys & Girls

Lacrosse, Boys & Girls

Slow Pitch Softball

Soccer, Boys & Girls

Swimming & Diving

Tennis. Boys & Girls

Track and Field

Volleyball

Weightlifting, Girls

Wrestling, Boys & Girls

The clubs/activities available at Stingray Nation are continuously growing. All AC students are welcome to start a new club that suits their interests and the interests of the school as long as a faculty member agrees to be the sponsor

Groups receiving honor cords at graduation



#### ATLANTIC COAST EXTRACURRICULAR ACTIVITIES 2023-2024

## Descriptions of Campus Groups & Organizations

#### 5000 ROLE MODELS OF EXCELLENCE PROJECT

Tiller/Villafañe Tuesdays (weekly) Room 321

The 5000 Role Models of Excellence Project is dedicated to providing the support necessary to reclaim our youth. The project's mission is to intervene in the lives of at-risk boys, in order to provide them with alternatives that will lead them away from a life of crime and violence.

#### **AC BOOK CLUB**

Coppedge First and Last Tuesday Room 324

Do you love books and reading? Then the AC Book Club is a place for you! During club meetings students get together to talk about books as well as share ideas and perspectives.

#### ACHS COMMUNITY SERVICE CREW

Son 2nd Thursday (as needed) Room 633

The ACHS Community Service Crew gives Atlantic Coast High School a positive presence in the Jacksonville community through the service of its students. Students participating in community service events will earn community service hours toward qualification for Bright Futures Scholarships and add a strong service dimension to high school transcripts and resumes for college applications and future employment success.

#### **ACHS DRAMA CLUB**

Askey/Marshall Tuesdays/Thursdays Auditorium

Under the supervision of its sponsors the Drama Club produces and performs several student-led theatrical productions during the school year for the benefit of Atlantic Coast High School and the surrounding community.

#### ATLANTIC COAST WOMEN IN STEM

Harvey 1st & 3rd Wednesdays Room 621/Café

Women in STEM is a club for empowering and encouraging high school girls to be a part of the movement to increase female representation in STEM careers. We will have special guest speakers, learn about different Women in STEM (both past & present), and take part in fun activities related to Science, Technology, Engineering, and Math. There will be opportunities to earn service hours throughout the year. Women in STEM is open to girls in grades 9-12.

#### **BAND**

Cotney Room 215

The Atlantic Coast High School Band program offers performance opportunities within various musical and visual ensembles (Color guard and Winter guard). Students who enroll in band are expected to participate in these ensembles year-round. In the Fall, our Marching Band, "The Stingray Sound" is our most visible ensemble on campus performing at all varsity home football games, band competitions throughout northeast Florida, and the Florida Bandmasters Assoc. Dist. 17 Marching MPA. In the winter and spring, our Symphonic Band performs at our Performing Arts Department annual Holiday Showcase, spring band concert, FBA Solo and Ensemble Festival, and the FBA Concert Music Performance Assessment. Our band students also participate in the FMEA All-State band and the FBA Dist. 17 Honor Band. In addition to our marching and symphonic bands we also have Jazz Band which performs on our annual concerts as well as during lunch time in the spring.

The Band program is open to all students regardless of musical experience. We pride ourselves on being a family and we strive to make every student feel as though they belong. In the Atlantic Coast High School band, we take P.R.I.D.E in everything we do!

#### **BEST BUDDIES**

Davezen/Price	Wednesday (Monthly)	Room 317

A volunteer group that creates opportunities for one-to-one friendships with individuals that have intellectual and developmental disabilities. We meet the Wednesday *before* an early release week and hold events every early release Wednesday.

#### **BLACK STUDENT UNION (BSU)**

Ellison/Hicks	Wednesdays	Room 321
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Black Student Union is an organization that celebrates diversity. BSU is devoted to spreading the history and culture of African Americans along with other diverse cultures. Our members add to these conversations by disseminating educational information, implementing cultural forums, and creating entertaining events.

#### **BRAIN BRAWL**

Frencl/Curran		Every Monday		Room 624	
Brain Brawl is the school academic team. If you enjoy trivia or games like Jeopardy this club is for you!					

#### **CHORUS**

Turner				Room 214
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The Atlantic Coast High School Choral Department provides an opportunity for students who are interested in singing, performing, and furthering their music education. Course offerings are as follows: Chorus 1 (Beginning Mixed SAB), Chorus 2-4 (Advanced SATB), & Vocal Ensemble 1-4 (Women's SSAA). If you are interested in joining the program, please see Ms. Turner in Room #214!

#### THE COASTAL TIDES (SCHOOL NEWSPAPER)

Noonan/Fernandez Monday-Friday by Appointment Room 521

This club is dedicated to offering budding journalists the opportunity to report on issues important and relevant to the school, city and society at large, including stories that cover trends, personalities and issues that impact students at Atlantic Coast.

#### **DANCE (COMPETITIVE TEAM)**

Ellison Tuesdays/Thursdays Café/Auditorium

The Atlantic Coast Dance Team is a competitive dance team that competes at state, regional, and national competitions in the style of hip hop. Additionally, the team performs at all school sporting events and pep rallies. Being chosen as a member of this team will be both an honor and a commitment to excellence. Team members will focus on excellence in the following: academics, team building, leadership, character, community involvement, and DANCE! If chosen, you will represent the entire school as well as yourself and your team. You are expected to hold yourself to a high standard and demonstrating the Stingray Way excelling academics, showing compassion, leading with honor, and striving for success! Tryouts are held each Spring for the upcoming season. If you have any questions, reach out to Coach Ellison at ellisonc1@duvalschools.org

#### **DECA (DISTRIBUTIVE EDUCATION CLUBS OF AMERICA)**

Brown 1st Wednesday Room 623

DECA prepares emerging leaders and entrepreneurs for careers in marketing, finance, hospitality, and management. We hope to empower members through experience to provide effective leadership through goal setting, consensus building, and project implementation.

#### **E-SPORTS GAMING CLUB**

Bopp/Zur 2nd & 4th Fridays Room 601

E-sports Gaming Club welcomes casual and competitive gamers. We play Smash Brothers, browser games and more. We will have a Rocket League team this year. Come play casually, or tryout for the Rocket League team later in the year.

#### FELLOWSHIP OF CHRISTIAN ATHLETES (FCA)

Lentz/Brown First & Last Thursday Room 623P

Gather with other students for food and fellowship and to hear a message from the Bible. All are welcome!

#### **FUTURE BUSINESS LEADERS OF AMERICA (FBLA)**

Brown 1st Wednesday Room 623

FBLA inspires and prepares students to become community minded business leaders in a global society through relevant career preparation and leadership experiences. We will partake in multiple FBLA events and conferences, enabling members to enhance their individual skills and gain scholarship opportunities and make university connections.

#### **GAMMA RAYS - ROBOTICS CLUB**

Harvey Tuesdays & Fridays Room 326/621

The Robotics club is ideal for students who are interested in learning about and working with robots (programming is an asset). The club members design and build a robot that can compete against opponents in a series of specific challenges. Students develop and program their robot in the weeks before the event, adhering to a list of preset rules and regulations. A team is selected from within the club to compete in tournaments and represent our school.

#### **GENDER & SEXUALITY ALLIANCE (GSA)**

Rawlins Every Thursday Media Center

The Gender & Sexuality Alliance provides a safe space for LGBTQIA students to find support in each other and the Stingray Nation. Members organize projects, fundraisers, and events on campus.

#### **HEALTH OCCUPATION STUDENTS OF AMERICA (HOSA/PRE-MED)**

Shorter 1st and/or 3rd Thursday Room 331

HOSA-Future Health Professionals, is an internationally recognized, student-led organization, whose mission is to promote career opportunities in the health industry and enhance the delivery of quality health care to all people. Our mission of HOSA at ACHS is for students who have the desire to work in the health care field to be able to build leadership skills, explore different areas of health professions, and be a positive contributor to the Jacksonville community through academic and skilled competitions, volunteerism, and community service. Our aspiration at ACHS is to help build dedicated and successful young professionals who will one day be an asset to any healthcare system.

#### INTERNATIONAL STUDENT ASSOCIATION

Sobalvarro Every Other Thursday Room 515

The intent for this Club is to guide ELL students with academics, extracurricular activities, career options, graduation requirements, college requirements, and taking advantage of opportunities offered at AC.

#### **KEY CLUB**

Zur 3rd Monday of Month Room 125

Key Club is based around community service and bettering our school/local community; this is one of its primary functions. Additionally, students will be exposed to differing cultures and ideas. Key club aims to help build better people for the future.

#### **K-POP CLUB**

Swan 1st & 3rd Tuesday Room 304/Portable 2

Whether you are curious about K-Pop or a seasoned stan there is something for everyone. Bring your light sticks, trade your photo cards, find new friends, and perfect your choreography or sing along to your favorite idol or group.

#### **MARATHON HIGH**

Cushnir/Taylor Tuesday/Thursday/Saturday Room 122

Marathon High is non-competitive club for students who would like to train for a half marathon (13.1 miles). Marathon High is a great way to meet new friends and learn the benefits of goal setting. Students will also have the chance to improve their leadership skills while being part of a team. By training for a half-marathon, students will improve their overall health while keeping the commitment of practicing 3 times per week. Students will also be bonding with and training alongside a few ACHS teachers.

#### MINDWELL CLUB (MINDFULNESS & WELLNESS)

Lara/Trocchio Every Other Monday Room 613

The MindWell club is where students can come together to create a safe space where all can feel welcome and relaxed. Grow holistically. Practice your own intentions. Learn relaxation techniques. Meet others who also want to create and share an energy that embraces peace and gratitude!

#### MS. / MR. ATLANTIC COAST

Norris Room 101P

Miss Atlantic Coast is a scholarship pageant for Junior ladies. The pageant provides these Stingrays with an opportunity to compete for the title, while showcasing talent, speaking and modeling on stage in front of an audience, while meeting and interacting with other Junior who they wouldn't normally interact with on campus. With the title, a platform, of the titleholder's choosing can be promoted on and off campus during their senior year, through community and volunteer activities. This student is seen as an ambassador on campus and will be chosen to speak and front, school-wide events during their reign.

Rehearsals/practices will be held in the auditorium and dates/times will be announced after interest meeting held in October/November.

#### **MULTICULTURAL CLUB**

L. Solomon Wednesdays (Twice Per Month) Room 535

Club members share international recipes, currencies, fabrics, flags, way of life and language. Issues and topics relating to heritage and people are discussed. The club works toward tolerance and understanding of all cultures and promotes events and themes that foster cultural awareness.

#### NATIONAL ART HONOR SOCIETY

Delaney Thursday (Once Per Month) Room 107

National Art Honor Society is an honor and service club. To inspire and recognize students who have a strong interest in creativity and art. NAHS members maintain the highest standards in art scholarship, character, and service, while helping to celebrate the arts throughout the school and community.

#### NATIONAL ENGLISH HONOR SOCIETY

Newman/Lara 1st Thursday Room 632

The National English Honor Society (NEHS) promotes continuing interest in the English language arts. The mission of NEHS is to: confer national distinction for high achievement in the English language arts; build a national community of academic achievers; provide cultural stimulation; encourage interest in the English language arts; and serve society by fostering literacy.

#### NATIONAL HONOR SOCIETY

Curran/Frencl 2nd Thursday Auditorium

The National Honor Society (NHS) is the nation's premier organization and was established to recognize outstanding high school students. More than just an honor roll, NHS serves to recognize those students who have demonstrated excellence in the areas of scholarship, service, leadership, and character. Junior and Seniors who have met the qualifications in scholarship (3.5 GPA+) are tapped in October. They then must demonstrate that they meet the qualifications in the areas of service, leadership, and character to be selected by The NHS Faculty Council for induction.

#### **NERD CLUB**

Rawlins Every Monday Media Center

Nerd Club facilitates community among students that enjoy anime, cosplay, Dungeons & Dragons, comics, trading card games, and all other manner of geekdom. The Nerd Club hosts an annual convention, StingrayCon, in February.

#### **PING PONG**

Deuerling Every Other Monday Building 5 (Downstairs)

Ping-pong is a game of honor, diplomacy, and fast reflexes! If you enjoy the sport or want to learn how to play, be sure to join our club! We have a Teams Page as well! The join code is: s9rivbm

#### SCIENCE NATIONAL HONOR SOCIETY

Ruddy 1st Tuesday Auditorium

Science National Honor Society (SNHS) recognizes students who have demonstrated excellence in encouraging and recognizing scientific and intellectual thought. These students work to advance the students within the school's knowledge of classical and modern science.

#### SOCIEDAD HONORARIA HISPANICA (NATIONAL SPANISH HONOR SOCIETY)

Zamudio 1st Monday Room 622

The Spanish National Honor Society is an academic organization dedicated to promoting the study of the Spanish Language and cultures. The Honor Society typically meets once a month and has various extracurricular activities. Membership not only recognizes students for their accomplishments but challenges them to develop further through active involvement in school activities and community service.

#### **SKILLS USA CTSO**

Bopp 1st and 3rd Wednesday Room 601

SkillsUSA is an action-oriented club where we practice and study in the areas of business, trade and practical employment skills. We compete in regional and state competitions in a wide range of workplace skills and certifications.

#### THE SOCIETY

Prier/Trotter/Montemayor

2nd Tuesday (Leaders)
3rd Tuesday (Members)

Room 313

The Society is a sisterhood designed to create leaders who creatively and passionately serve their school and community. Focused on mentorship to help a diverse group of young women leaders to stay engaged, equipped and empowered to be competitive academically and socially while fostering a mindset of inclusivity and friendship. These servant leaders desire to serve the entire school community and the communities in which they reside.

#### SPECIAL OLYMPICS

Coach Enteman See Sponsor Room 605

Special Olympics is a global organization that changes lives by promoting understanding, acceptance and inclusion among people with and without intellectual disabilities. We unleash the power of the human spirit through the transformative power and joy of sports, every day around the world. Through year-round sports, health, education and community building, we change the lives of people with intellectual disabilities in 193 countries. We are providing opportunities and helping fight the intolerance, injustice, inactivity and social isolation faced by our 5.5 million athletes.

#### **STINGRAY STRONG**

Rowan Every Friday (Sept-Jan)
Tuesday/Thursday (Feb-May) Weight Room/Room 212

Stingray Strong is a Fitness Club that promotes enabling student's human needs, communication, and conflict resolution strategies. Our club meets every Friday in the weight room from 2:00-3:30pm. Club members are required to have a working physical either on file at the school or through athletic clearance (student athletes). Club members are also required to purchase a stingray strong shirt and participate in the on campus fundraising efforts throughout the school year.

#### STUDENT GOVERNMENT (SGA)

Lakatos Room 104/Room 213

Student Government is led by the SGA President and consists of the grade level class officers. They meet monthly in room 104 and are responsible for planning and running various student activities on campus.

Activities Director: Ms. R. Solomon, Room 104 Sophomore Sponsor: Ms. Colado, Room 106

Junior Sponsors: Ms. Fernandez & Ms. Leon, Rooms 334 & 302

Senior Sponsor: Ms. Lakatos, Room 213

#### **THEATRE**

Askey		Auditorium

This course introduces students to all basic aspects of the performing arts. Topics include acting, technical theatre, improvisation and character/play analysis. Throughout the year students will develop skills in self-reflection, critical problem solving and public speaking.

### UPPERCLASSMEN SOCIETY (JUNIOR GENTLEMEN, JUNIOR LADIES, SENIOR MEN, SENIOR WOMEN)

Lakatos Early Release Wednesdays Room 213

Our focus is on athletic competitions, campus events and/or community support for AC causes. Our purpose is to provide an atmosphere for students to have a safe environment to make memories and maintain spirit throughout the school.

#### **YEARBOOK**

Lakatos Room 213

Yearbook Club meets once a week after school to work on the yearbook, plan page designs, and arrange the pictures taken by the school photographer. Yearbook staff members work to sort pictures, organize page development, monitor yearbook progress throughout the school year.